## The Telegraph

Saturday , August 29 , 2015

## Help on wheels



Actor-turned-Trinamul MP Dev flags off Addlife Caring Minds's newest initiative - Addlife Caring Minds on Wheels - which will see an Innova move around the city and the outskirts with Addlife team members 'spreading awareness about mental wellness and the institute'. For Dev, education is important to break out of the stigma attached to mental healthcare. If I have to go for counselling, I'll be open about it. Stress levels are going up every day. For me, my need is important. If I need help, that's important for me, 'said the Buno Haansh star, super-impressed at seeing children with special needs bake cookies at the Sarat Bose Road institute. I don't even know how to make teal' he smiled. (Left) Preeyam Budhia, head of new initiatives at Addlife, promised much more is in store. Picture by Rashbehari Das