

Thank you for being with us
Thank you for your Love and Blessings



Smt Ishmat Hakim & Hon'ble Mayor, Sri Firhad Hakim

Great event ! So happy to know that our children are now so conscious about mental health.



Justice Ashim Kumar Roy , Lokayukta W.B

LovvYouZindagi is an wonderful and inclusive initiative. It creates awareness and sensitize society at large regarding mental health and for taking care of the mind. The show was truly delightful. Immense pleasure to be part of it. Kudos to Minu for her incredible work. Keep up the good work.



Smt Nidhi & Dr H K Dwivedi, IAS, Chief Secretary

Minuji ! I extend my heartiest congratulations to you for organising an eye-opening and much-needed programme like LovvYouZindagi. The noble intention behind it - celebrating the talents and celebrating the lives of our youth - is commendable. Your innovative approach to reach out to high school children and young professionals to understand their minds is truly inspirational. Looking forward to more of such socially-impactful, mental health awareness-creating events and wishing you all the best for your future endeavours.



Smt & Sri Soumendranath Mookherjee, AG Bengal

Thank you for the lovely afternoon. It was a thoughtful and sensitive program and one that spread awareness of so many important things in life.



Sri Surajit Kar Purkayastha, IPS, Chairman- Satyendra Nath Tagore Civil Study Centre

Wonderful initiative. Based on experiences on your personal front both of you have taken forward an issue which is Universal and relevant to everyone in life. Noble gesture indeed by an illustrious family of Kolkata. Proud of you and specially Mrs Minu Budhia.



Dr Rajiva Sinha, IAS, State Chief Election Commissioner

Wonderful initiative ! Excellent programme. Very well organised. Congratulations to Minu Ji again.



Smt & Sri Basudeb Banerjee, IAS, Former Chief Secretary

Thank you. We are so proud of what Minu and your family are doing. This makes you different and unique.



Sri Atri Bhattacharya, IAS, Addl Chief Secretary, Sundarban Affairs Dept with family

Meeting and greeting - all in a good cause. Mental health and rehabilitation need attention. Kudos to Minu and Sanjay for their Initiative. It was a wonderful event on a mindful subject Sanjay ji. Do convey my wishes to Minu ji and your entire team.



Smt Rupa Chatterjee Ray & Sri Barun Kumar Ray, IAS, Additional Chief Secretary, Labour Dept

LovvYouZindagi – the creativity contest for young adults with mental health as the theme ! What a beautiful way to start Navratri and Durga Puja. The entire City of Joy gathered under this one roof to salute the Budhia family for this noble initiative. Truly LovvYouZindagi



Sri Surendra Gupta IAS, Principal Secretary, Public Health Engineering Dept

It was a truly inspiring occasion. And eye opener for me personally. I am personally very much obliged to Minu Bhabhi ji and u of for providing this opportunity for being a part of this. What a wonderful way to start the Puja festivities. True salute and gratitude to entire Budhia family. You have made us all proud with your commitment and humility. True service to the people whom we never thought of to be worth caring. Long love Caring Minds.. Our congratulations and gratitude.



Sri Binod Kumar, IAS, Commissioner, KMC

Congratulations 🙌🙌🙌 Sanjay ji and Minu ji. Such nicely organised event. Lots of hard work by you and your team. Keep up the flag. 👍



Sri Gaurav Kanaujia , IRS, Director, Income Tax(Intelligence & Criminal Investigation) & Smt Vandana Yadav, IAS, Principal Secretary, Industry, Commerce & Enterprises Dept and CMD , WBIDC Ltd

Dear MinuJi and SanjayJi, Your innovative and committed interventions continue to pleasantly surprise. Who would have thought that a social message on mental health and psychological well being could be such fun and so inclusive. Luv u zindagi - the campaign and the finale were truly inspiring and would bring a smile to any face. Wishing you great success in all your future endeavours and look forward to being a part of many more such creative, inclusive and relevant campaigns. Warmest regards and affections.



Smt & Sri Saumitra Mohan, IAS, Secretary, Transport Dept

It's was a wonderful experience. Kudos to the commitment of you both and your Team to such a neglected cause.



Fr Felix Raj, VC – St Xavier's University

Good morning. Sanjay, it was a beautiful program, well arranged. Congratulations to all of you. God bless.



Fr Dominic Savio, Principal – St Xavier's College

Great event. Well organised. Congratulations to you, Minu and your two daughters. May God bless all of you



Fr Peter Arockiasamy – St Xavier's College

LowYouZindagi is a meaningful initiative with encouraging awards to bring awareness regarding mental health among the youth. GOD BLESS YOU ALL ABUNDANTLY WITH GOOD HEALTH AND JOY.



Sri Sanjiv Puri, Chairman –ITC

Congratulations to you and Minu not only for the awesome program but also for the amazing work being done by caring minds. We wish Caring minds the very best.



Sri H M Bangur

Excellent programme. Cause is very noble. Society knows what is being done and is definitely inspired.



Sri Harsh Neotia

Congratulations. Amazing occasion. Amazing attendance. Amazing arrangements. And most importantly amazing work being done by dear Minu. 🙌❤️



Smt Iti & Dr Pronob Dasgupta

The best function in this city of joy .Beats all in kolkata for the time kolkata was born . 1200 guests , who is who in this city . Well organised , food was fantastic and ambience.and your speeches and Minu was fantastic .We are all proud of you both and the family .Trust me, Minu will get a noble prize one day for her hard work .I am so proud of her.



Dr Anjan Siotia

The event was a huge success. Everybody who is somebody in Kolkata was there. You should be so proud of the work Minu ji is doing. 🙏🙏



Dr Nandini Ray

Minu ! Use the tagline – ZindagiLov'sYou , because you are worth it



Smt & Sri C Pattabhi – Airport Director

Wonderful event and great initiative. Wish you all the best !



Sri Rathendra Raman, IRTS, Chairman- Syama Prasad Mookherjee Port

Madam Minu Budhia is really doing a great job for the awareness of society for a cause which affects most of us but we don't want to talk as we all are escapists. It really requires courage and inner strength to discuss a cause which you yourself have suffered, experienced it and have tried to overcome with your sheer determination. Keep doing great job.



Smt Sumita & Sri Probir Roy, Ex-Sheriff of Kolkata & Director – PATTON Group

Minu's initiative to enlighten the society is highly appreciated and will go a long way to create an inclusive society in the eastern part of the country where it's still lacking. In this Devi Paksha women power to make a better world is once again validated , with the initiative of LOVE You Zindagi by Minu. Thanks to Budhia family we were truly mesmerized by the event and the family bonding



Ms Rinu Agarwal – Caring Minds Advisory Board Member

LovvYouZindagi is an international-standard, essential initiative taken by Minu di to understand and impact the minds of the youth of today. The out-of-the box approach of using creativity as a tool to share awareness about mental health is unique and trendsetting. It was a wonderful event - much more than worth my visit from Memphis.



Smt Saheli & Sri Dibyendu Barua

Dear Sanjay ji and Minu ji, we were immensely impressed by such a well organised programme. The initiative was no doubt great but what made it more remarkable was both of your personal touch and involvement. May God give you the strength to you carry on with such noble work for many more.



Smt Bulbul & Sri Arun Lal

Wonderful initiative. Heart touching programme.



Ms Mimi Chakraborty, MP, Actor

It was a wonderful event On a mindful subject sanjay ji. Do convey my wishes to Minu ji and your entire team.



Sri Barun Chanda

In Kolkata at least, Caring Minds stands as a beacon of hope & positivity for the less mentally privileged. And the function organized by Caring Minds was a heart-warming affair. Privileged to be there



Ms Kiran Uttam Ghosh

A brilliant initiative. Straight from the heart



Ms Richa Sharma

What a flawless program . Love ❤️☐ u



Sri Anirudha Roy Chowdhuri

Awesome Initiative!



Smt Tanushree Shankar

Congratulations and kudos to Minu for bringing a revolution in the field of mental health... commendable 🙌👏🙌👏



Sri Tejendra Narayan Mazumder

Wonderful event bhai Proud of you both.



Smt Priti Patel

Amazing amazing initiative. Thank you Sanjay for asking me to be part of LowYouZindagi!



Smt Pranati Tagore

Good morning, Yesterday the First day of Durga puja has been celebrated in true sense by Caring Minds. A remarkable initiative has been taken by you and Minu. Stay always blessed. Love and regards.

JUDGES SPEAK



Ms Rituparna Sengupta

I am so glad content and overwhelmed by this beautiful gesture that I am @ a loss of words to express how happy I am to know a couple like the BudhiasMinu is an inspiration in herself...her beautiful gesture and her share of commitment as a mother and as an individual is exemplary.. Sanjay is a great husband and a wonderful human being ..They are the perfect hosts and their thought of building caring minds ...have changed so many lives....so proud 🙌 of my dear friends...



Ms Melinda Pavek

Congratulations on a fantastic event today and a great new initiative being launched so well. As we learn more about how our brains operate, the stigmas around talking openly about mental health will naturally reduce.



Ms June Malia

Minu is an Iron Woman. Salute ! Minu in whatever she does, adds a touch of speciality and uniqueness. She has done the same with her initiative – LovvYouZindagi. I love the fact that it does not talk directly about mental health, but it makes us aware of mental health issues, none the less. Personally, I would start more conversations about mental health. The more we talk, the more we break the stigma, the more awareness we spread, the more lives we touch



Ms Swati Sarawagi , Director, Swarnim International School & Caring Minds Advisory Board Member

I am very happy that Caring Minds has come up with this initiative of creating awareness about mental health. As part of the jury we were very pleasantly surprised to see that awareness already exists and the creativity that was used by the children and young adults to bring that out. It is very heartening to know that there were a lot of entries for these and once something happens the first year and with the kind of awareness that this will spread - a ripple effect will be created in society. It is truly history in the making and I'm sure that the day is not far when it's going to become a national event.



Sri Rajeev Agarwal , Caring Minds Advisory Board Member

It was an amazing experience to be on a common platform with stalwarts from diverse fields with a common objective of creating awareness towards mental health issues. Using creativity as a tool to create awareness to understand what's going on in the minds of our youth is a great way to invite attention to the topic of mental health. Society in general and youth in particular need to be more sensitised to mental health issues and this kind of creativity linked contest not only brings the issue to the fore but also forces them to think deeply about it.